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We Claim:

A valve drive mechanism, comprising:

a rocker arm that is mountable on a cylinder head and is pivotable about a pivot axis that extends transverse to the rocker arm:

a control unit that acts upon a first end of said rocker arm for actuating a poppet valve having a valve stem upon which a second end of said rocker arm acts;

a support pin that is connectable to a cylinder head, wherein said rocker arm is held on said support pin between said first and second ends of said rocker arm;

a bolt head disposed on said support pin on a side of said rocker arm remote from a cylinder head, wherein said bolt head serves for adjusting a bearing spacing between said rocker arm and a cylinder head for varying valve play; and

a rotation preventing element that cooperates with said bolt head, wherein said rotation preventing element is provided with an arresting portion that engages said bolt head, and a support portion that conveys an adjustment moment away.

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- A valve drive mechanism according to claim 1, wherein said support portion is supported against said support pin, said rocker arm, or said cylinder head.
- A valve drive mechanism according to claim 1, wherein said rotation preventing element is a spring element, the arresting portion of which rests resiliently against an arresting surface of said bolt head.
- 4. A valve drive mechanism according to claim 3, wherein said spring element is a spring clip of spring wire and wherein said spring wire has a circular cross-sectional configuration or a multi-sided, especially right angled, cross-sectional configuration.
- A valve drive mechanism according to claim 3, wherein an interlocking connection is formed between said arresting portion of said rotation preventing element and said arresting surface of said bolt head.
- A valve drive mechanism according to claim 1, wherein said support pin is non-rotatably fixed in said cylinder head, and

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wherein said bolt head is a nut that is threaded onto a shaft of said support pin.

- A valve drive mechanism according to claim 1, wherein said rocker arm is a shaped part having lateral longitudinal walls, at least one of which forms said arresting portion.
- A valve drive mechanism according to claim 7, wherein said rotation preventing element is effective between said longitudinal walls of said rocker arm.
- 9. A valve drive mechanism according to claim 7, wherein said bolt head is embodied as a multi-sided head and is disposed between said longitudinal walls of said rocker arm, wherein the greatest diameter of said multi-sided head, as measured from one corner to another thereof, is slightly greater than a distance between said two longitudinal walls as measured transverse to said rocker arm, and wherein at least one of said longitudinal walls, in a contact region thereof, is resiliently yieldable.

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- 10. A valve drive mechanism according to claim 1, wherein said rotation preventing element spans said bolt head in a positively engaging manner.
- A valve drive mechanism according to claim 10, wherein said rotation preventing element is placed axially upon said bolt head.
- 12. A valve drive mechanism according to claim 1, wherein said rotation preventing element is a spring clip that extends about said bolt head in a frictionally engaging manner.
- 13. A valve drive mechanism according to claim 1, wherein said rocker arm is provided with a ball socket in which a bearing portion of said support pin engages, and wherein said ball socket is pressed against said bearing portion in a frictionally engaging manner by means of a spring.
- 14. A valve drive mechanism according to claim 1, wherein bolt heads of rocker arms disposed next to one another are secured by means of a single rotation preventing element.